Please delete all the gray highlight text before submitting the article

**Title:** The word’s first letter must be capitalized except connectors

**LETTER**

Include a total word count of < 300, not including the references, or figure legends.

(Start writing here. The references will be written in super-index,6 after the punctuation mark. When there are several continuous references, they will be separated by a dash.2-4 or if they are discontinuous then separated by commas. 2,6,9 or a combination of both.2,6,9-12 The references do not need space, parenthesis, or brackets.)

**REFERENCES**

Include a maximum of 5 references in Vancouver style.

Simple website addresses should be included in the references section as well. Use the following format: [Organization]. [Title]. Available from: [URL]; cited [2002 Jul 9]. Where updated is the date the website was updated and cited the last date the authors visited the website.

**FIGURES AND TABLES**

Maximum of 1 Table of Figure

**Figure 1.** Each word’s first letter must be capitalized except connectors.

**Table 1**. Each word’s first letter must be capitalized except connectors.